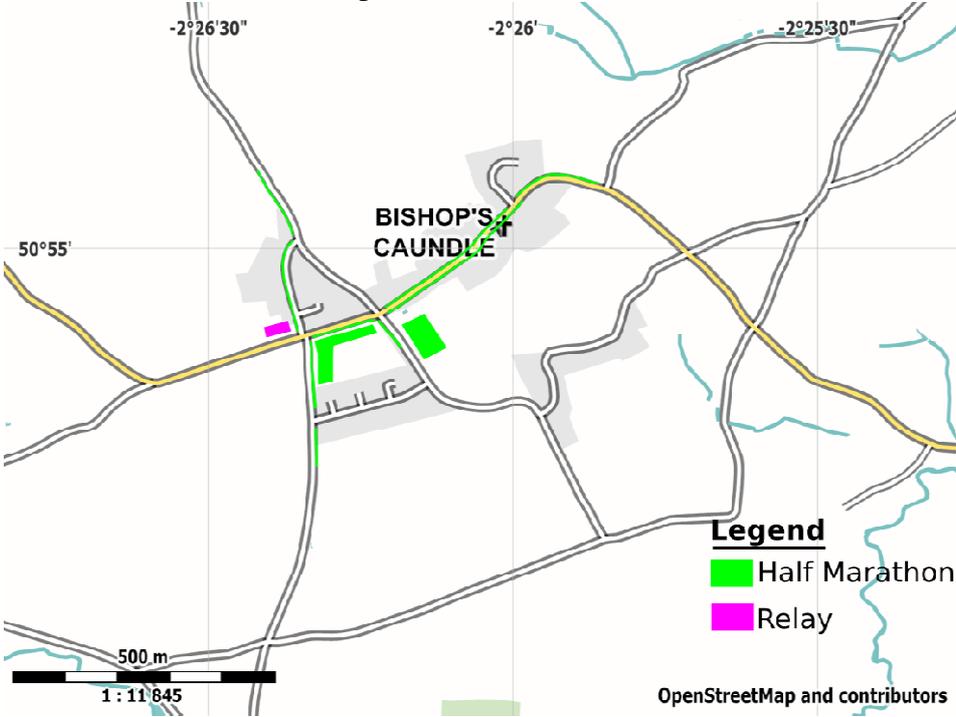


Blackmore Vale Lions Half Marathon & Relay

Dear Runner

**Thank you for entering the first Blackmore Vale Lions Relay.
Please find below your instructions for the day.**

<p>DATE AND TIME</p>	<p>Sunday 3rd February 2019.</p> <p>Relay starts at the same time as the half Marathon at 11:00.</p> <p>Please come to the village hall to confirm your team members and running order at least half an hour before start. Remember your running number.</p>
<p>VENUE</p>	<p>Bishop's Caundle, A3030 DT9 5NB. (see map below)</p> <p>The race starts and finishes in the Recreation Field in the Dorset village of Bishop's Caundle which is located either side of the A3030 road some five miles to the south-east of Sherborne. The race HQ is in the Village Hall opposite the Recreation Field.</p>
<p>PARKING</p>	<p>Relay Runners should park in the garage car park at the western entrance of Bishop's Caundle. Please share cars whenever possible.</p>  <p style="text-align: right;">Legend ■ Half Marathon ■ Relay</p> <p style="text-align: right;">OpenStreetMap and contributors</p>
<p>CHANGING</p>	<p>There are no changing facilities. Ladies toilets in village hall. Gents toilets in recreation ground opposite village hall. There is a toilet available at the changeover.</p>

AFFILIATION

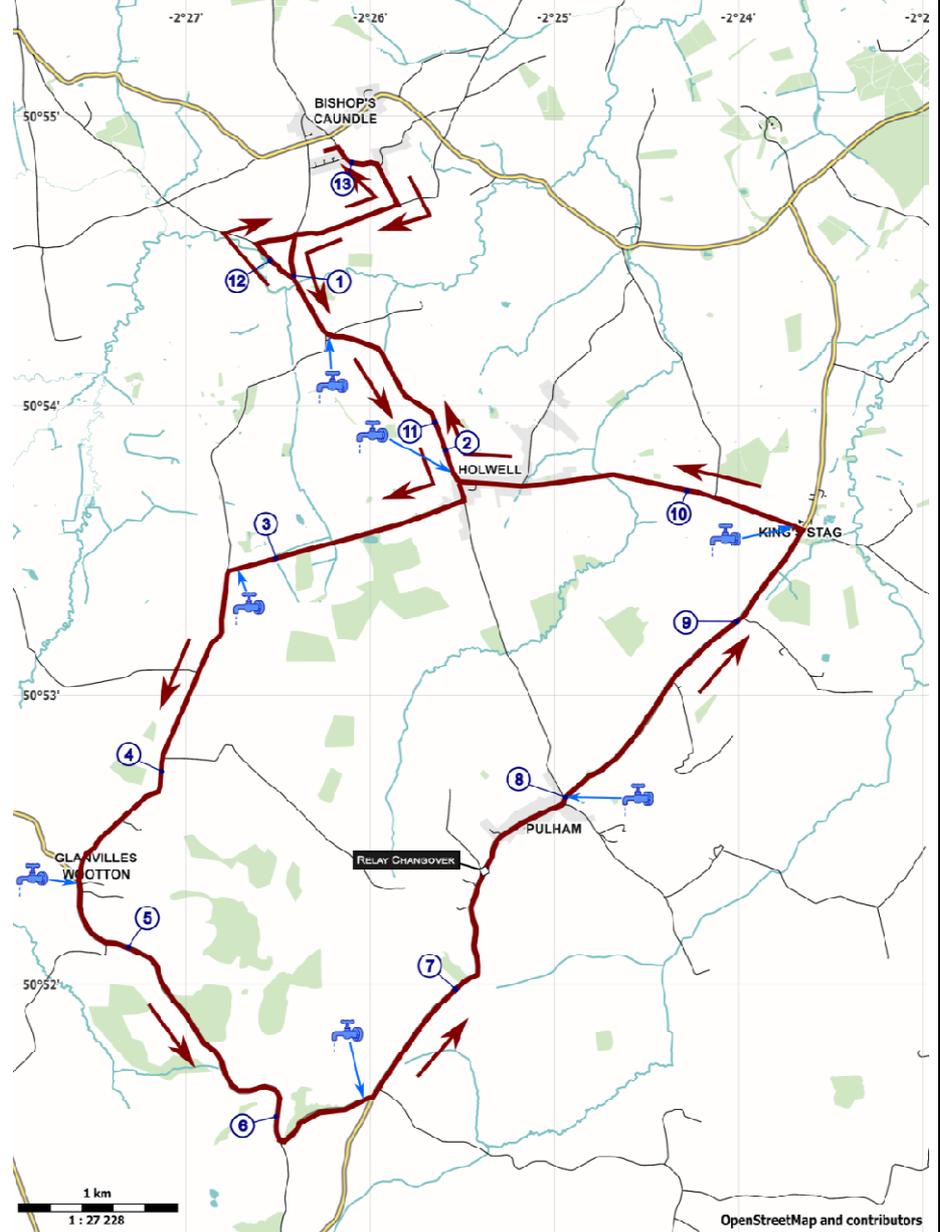


The race is run under UKA rules. Licence number: 2019-36636

COURSE



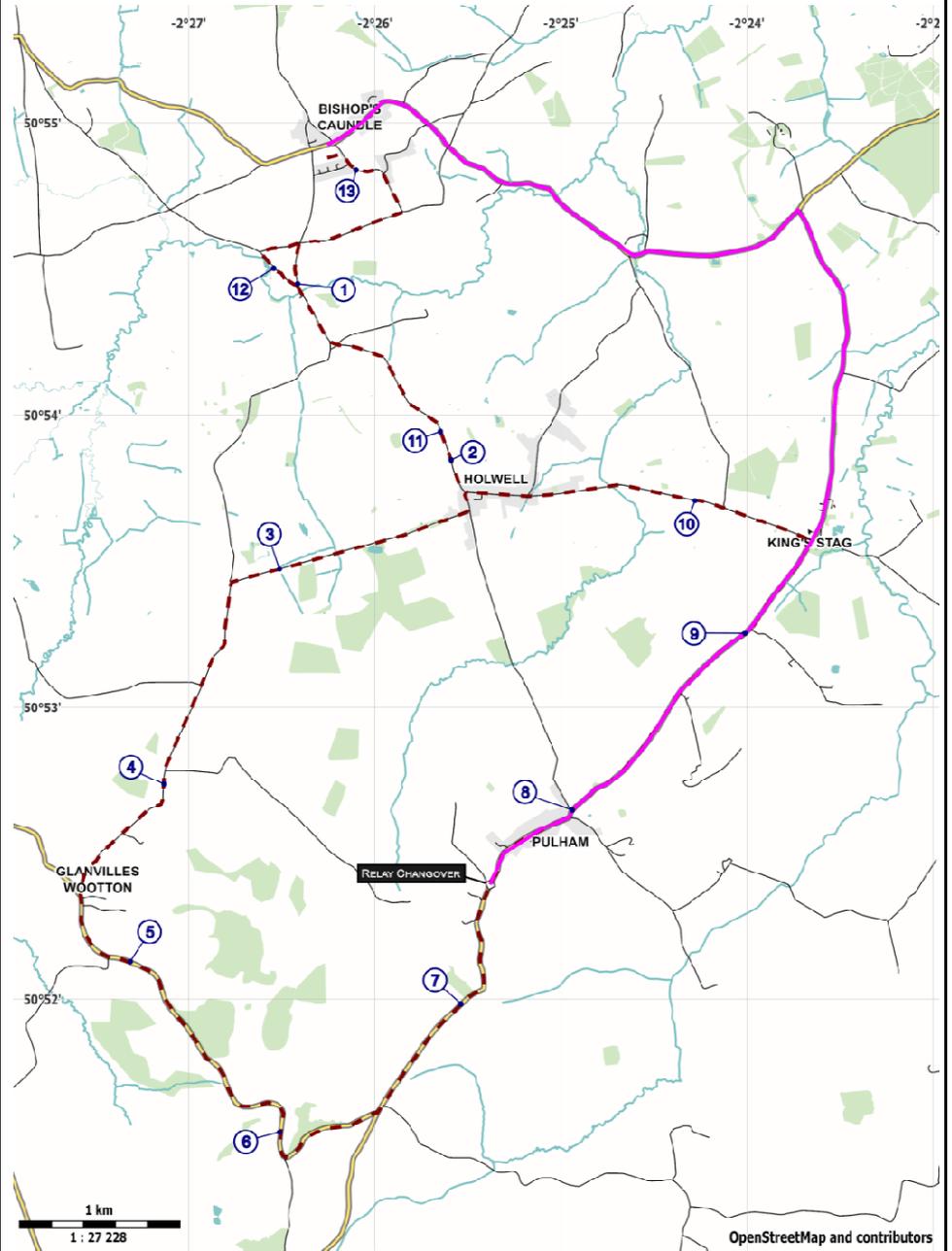
The course is an accurate measured half marathon. Certificate number: 15/013.



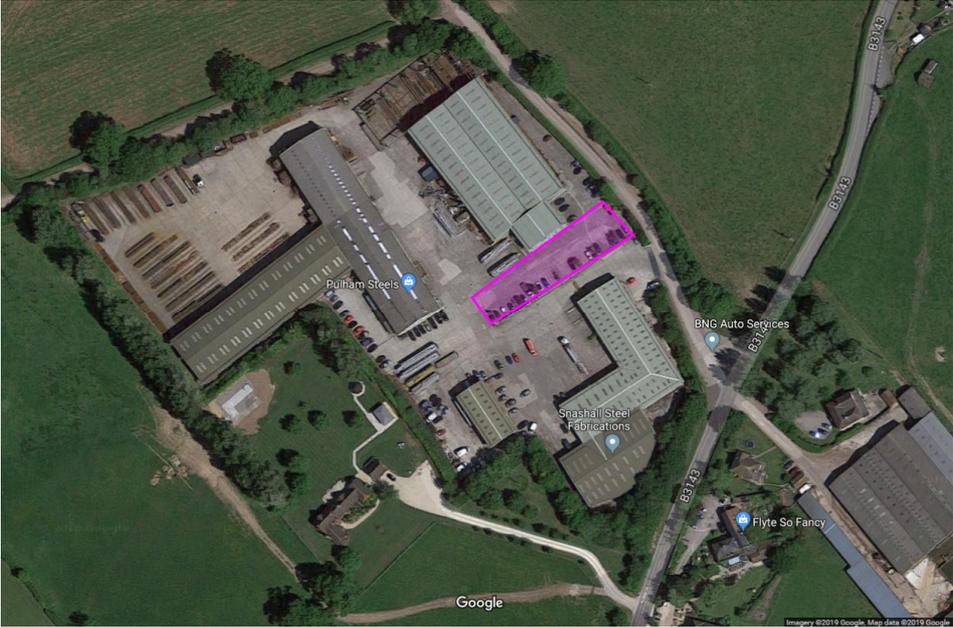
ROUTE TO CHANGEOVER

Change over is at Pulham Business Park **DT2 7DX**.

Please use the recommended route below to get to the changeover:



OpenStreetMap and contributors

CHANGEOVER	<p>Once at the changeover there is ample parking. Please do not park in the entrance to the business park but in the areas highlighted below:</p> 
REFRESHMENTS	<p>Water stations around course at approximately 2 miles, 4½ miles, 6½ miles, 8 miles, 9½ and 12 miles. (see map). Refreshments are available before and after race in the village hall.</p>
RESULTS	<p>Results will be available on the race website at bvlhm.yolasite.com.</p>
PRIZES	<p>Prize giving will take place at 13:00 approximately in the village hall. Prizes are awarded to first male team, first female team, and first mixed team. All finishes will receive a medal.</p>
PHOTOGRAPHY	<p>Charles Whitton will be there on the day. Pictures from the race will be available soon after the race at https://www.charleswhittonphotography.com</p>
SPONSOR	<p>Messers Dikes of Stalbridge</p>
CHARITIES	<p>All proceeds of the race will be transferred to the Blackmore Vale Lions Charity Trust Fund to meet worthwhile local good causes and charities.</p>

If you have any queries please contact Inès Braun on (01935)816396 or email bvlhalfm@gmail.com

We look forward to seeing you there and hope you enjoy the race.