## **Blackmore Vale Lions Half Marathon Prizes**03/02/2019

Prize	Name	Club	Time
Course Record Male	Steve Way	Bournemouth Ac	01:08:32
Course Record Female	Rachel Astington	Running For Time	01:20:24
Overall Male Winner	Steve Way	Bournemouth Ac	01:08:32
Male Runner-up	Toby Chapman	Bournemouth Ac	01:09:00
3rd Male	Mark Smith	Poole Ac	01:14:11
Overall Female Winner	Rachel Astington	Running For Time	01:20:24
Female Runner-up	Lin Lascelles	Maiden Newton Runners	01:24:48
3rd Female	Clare Martin	Purbeck Runners	01:25:20
1st Male under 40	Toby Chapman	Bournemouth Ac	01:09:00
Male under 40 - Runner-up	John Towner	Poole Runners	01:15:24
1st Female under 35	Rachel Astington	Running For Time	01:20:24
Female under 35 - Runner-up	Clare Martin	Purbeck Runners	01:25:20
1st Male over 40	Steve Way	Bournemouth Ac	01:08:32
Male over 40 - Runner-up	Mark Smith	Poole Ac	01:14:11
1st Female over 35	Becky Tovey	Romsey Road Runners	01:25:35
Female over 35 - Runner-up	Sarah Conway	Birchfield Harriers	01:26:09
1st Male over 50	Paul Rose	Maiden Newton Runners	01:17:25
Male over 50 - Runner-up	Michael Grist	South West Vets	01:21:18
1st Female over 45	Lin Lascelles	Maiden Newton Runners	01:24:48
Female over 45 - Runner-up	Paula Barker	Poole Runners	01:31:14
1st Male over 60	Martin Lascelles	Maiden Newton Runners	01:23:23
Male over 60 - Runner-up	David Cartwright	Poole Runners	01:23:40
1st Female over 55	Patricia Everitt	Bournemouth Joggers	01:39:08

## **Blackmore Vale Lions Half Marathon Prizes**

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Prize	Name	Club	Time
Female over 55 - Runner-up	Holly Harris	Dorchester Riot	01:43:14
First Male Team	John Towner, Chris Stratford, Steve Claxton	Poole Runners	03:53:08
First Female Team	Paula Barker, Sarah Swift, Alison Gunn	Poole Runners	04:45:44